



Hi !

Welcome to week 3 of ONWARD for Advent. How has your Advent gone so far?

Sometimes it's tough (particularly this time of year), but...

If we want to catch up with God this Christmas, we must...slow...down.

And if you haven't been able to do that so far, don't worry! And don't be too hard on yourself. Just give it another shot.

Here's how...

- **Set aside 30 minutes of undistracted time to be with God.**
- **Then grab your Bible and find a quiet spot.**
- **Once you're settled, take a few deep breaths and ask God to meet you.**
- **Finally, click the video below and it will guide you the rest of the way.**

If you fight for space, listen to Jesus, and read your Bible slowly, God *will* meet you.

Enjoy your time with him.

Onward,

Chris

VIDEO: Love Has Come



BIBLE READING PRACTICE: *Lectio Divina*

After watching the video, [CLICK HERE](#) to view this week's prompts and Bible reading practice.

quotes of the week

"What does love look like? It has the hands to help others. It has the feet to hasten to the poor and needy. It has eyes to see misery and want. It has the ears to hear the sighs and sorrows of men. That is what love looks like."

— St. Augustine

"God is love."

— 1 John 4:8b, 16b

dad joke of the week

What happens if you eat Christmas decorations?

You get tinsel-itis.

Did you miss one? Check out past ONWARD posts at Chris-Greer.com/onward.

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